

Name: _____

Personal-Noise Survey

Lead children in a discussion of why silence is essential for a healthy prayer life, using the prompts below.

1. What place for you is the most silent?

- Home
- School
- Church
- Yard
- Neighborhood
- Other _____

2. What time of day is the most silent?

- Morning
- Afternoon
- Evening
- Night

3. When are you the most silent?

- In church
- At school
- At home
- In trouble
- Other _____

4. Do you choose to work in silence, without a TV or music? Why or why not?

5. Does silence make you nervous? Why or why not?

6. What is one thing you can do to cut down on the noise in your life?